

# Chicago Cycling Club

## May Ride Schedule

Ride Line: 773-509-8093

**Sunday, May 1, 2011**

### **Touring Ride: Waterfall Glen Forest Preserve**

START: Clock Tower at Waveland (3700N)  
8:00 a.m. 70 miles, 16 to 20 mph  
Enjoy west-southwest riding by taking a road-bike ride to the forest preserve next to Argonne National Lab in DuPage County. Points of interest include Brookfield Zoo, Salt Creek Bike Path, and the Burr Ridge hills. Three rest stops: one near the Forest Preserve, and two in Oak Park.

Contact Brian Bird at  
(773) 354-8056

**Sunday, May 1, 2011**

### **Social Ride: Hockey Nostalgia Ride**

START: Clock Tower at Waveland (3700N)  
8:30 a.m. 30 miles, 10 to 12 mph  
Join us for a tour of our city's professional and amateur hockey sites. Included are visits to the United Center, Wrigley Field, the UIC Pavilion and Johnny's Ice House East and West. Also included are the sites of former hockey venues including the old Chicago Stadium, the Chicago Coliseum and the International Amphitheater. Lunch will be at the Palace Grill on Madison, the home of a fabulous collection of Blackhawk artifacts.

Contact Joseph & Phyllis Dickstein at  
(773) 262-0031

**Monday, May 2, 9 & 16 2011**

### **Training Ride: Intro to Training Rides (Season Kickoff)**

START: Roadies Dunkin' Donuts, Lincoln & California Avenues  
6:30 p.m. 30 miles, 18 to 20 mph  
Curious to find out what training rides are all about but aren't sure if you can ride at 25 mph? This ride has the look and feel of a training ride, at a slower pace. Emphasis on smooth riding techniques and paceline etiquette.  
Contact Rich Baumgarten at (773) 759-8690

**Thursday, May 12, 19 & 26, 2011**

### **Social Ride: Weekly Gentlemen (and Ladies) of Leisure Rides (Cycling Seniors)**



REMOTE START: North Ave Beach House

10:30 a.m. 10-20 miles, 10 to 12 mph

Come make new friends who bicycle and go for lunch. This ride along the lakefront affords an opportunity for active gentlemen and ladies, 55 years and older, to meet, ride and have lunch. ALL RIDERS ARE WELCOME.

Contact Mitch Gold at  
(312) 642-1988

**Saturday, May 14, 2011**

### **Touring Ride: I & M Canal Ride**

REMOTE START:  
Channahon/Brandon Road Trailhead, Outside Morris, IL  
10:00 a.m. 50 miles, 12-16 mph  
This ride will start at the

Channahon/Brandon road trail head just outside of downtown Joliet and go to Morris and back. Hybrids or mountain bikes are highly recommended, as most of the path is crushed limestone over dirt. While we will ride together as a group, riders will be expected to maintain a certain pace. Please RSVP to the ride leader so he knows you will be coming.  
Contact Jim Adgate at (773) 935-1957

**Sunday, May 15, 2011**

### **Social Ride: Lope onto Lombard to Loll Around the Lilacs**

REMOTE START: Forest Park Blue Line Station  
10:00 a.m. 25 miles, 10-12 mph  
Wake up and smell the flowers with the third annual ride to the Lombard Lilac Fest, one of the premier floral displays in the Midwest, if not the country. The ride will be almost entirely on the Illinois Prairie Path and the Great Western Trail. New this year will be an opportunity to watch the annual Lilac Parade and lunch at a local microbrewery. Please note remote start location at the Forest Park Blue Line station and secondary start point at Cook County Courthouse off of First Avenue in Maywood, where parking is free.  
Contact Joe & Phyllis Dickstein at  
(773) 262-0031

**New rides are being added all the time!  
For an up-to-date schedule, or a look at the rest of the season, go to:  
[www.chicagocyclingclub.org](http://www.chicagocyclingclub.org)!**

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**Sunday, May 15, 2011**

**Touring Ride: The Road to Hegewisch Pt. 13**

REMOTE START: 31<sup>st</sup> Street Beach House, Chicago  
9:00 a.m. 40 miles, 14 to 18 mph  
George Vrechek returns, heading to the most remote corner of Chicago, founded as a separate town in the 1880s. You'll see the City's only lakes, trailer park, and saw mill. Lunch stop at Darcy's Dog and Shrimp Shack or similar establishment in Hegewisch. Parking is usually available at the 31st Street Beach lot. We'll shoot for getting back by 2 p.m.  
Contact George at (312) 654-8909

**Saturday, May 21, 2011**

**Hills of DuPage County (Bolingbrook)**

REMOTE START: Oak Park Starbucks, next to the Lake Street Theater  
9:00 a.m. 60 miles, 14 to 18 mph  
This ride is a good "get in shape" for TOMRV and Hilly Hundred Ride pre-ride. We'll head West and South to Downers Grove and Bolingbrook and then head back in a loop just South of the I-88 corridor - there are plenty of hills to get those climbing legs a workout. Depending on the group size, we may or may not stay together. Please RSVP to the ride leader.  
Contact Jim Adgate at (773) 935-1957

**Tuesday, May 24, 2011**

**Touring Ride: Marktown, Indiana**

REMOTE START: Buckingham Fountain, near the restrooms  
9:00 a.m. 45 miles, 14 to 18 mph  
Yes, a Tuesday morning ride. Marktown is an historic district designed in 1917 by Howard Van Doren Shaw, only 19 miles on a direct route from downtown. Shaw designed it like an English village with narrow streets and houses with small yards. We'll go down the lakefront, South Shore Drive, and the Burnham Greenway bike path to Wolf Lake and head east across open land to Marktown, back about 2 p.m.  
Contact George Vrechek at (312) 654-8909



**Wednesday, May 25, 2011**

**Social Ride: FWEGA (Fourth Wed Evening...)**

START: Clock Tower at Waveland (3700N)  
6:30 p.m. 10-12 miles, 10 to 12 mph  
A club tradition. Meet new friends, see old ones. Bring lights, this ride will end after dark.  
Contact Rick Pavia at (773) 206-5282

**Sunday, May 29, 2011**

**Touring Ride: Bike the Drive Twice**

REMOTE START: Columbus & Jackson, Grant Park  
5:30 a.m. 60 miles, 17 to 20 mph  
Register for BTD at [www.activetrans.org](http://www.activetrans.org)

Contact Brian Bird at (773) 354-8056

**Monday, May 30, 2011**

**Touring Ride: Tinley Woods – Old Plank Trail**

REMOTE START: Bremen Woods Preserve  
10:00 a.m. 35-40 miles, 14 to 16 mph  
Ride through Bremen Woods to Old Plank Trail to Frankfort, IL and back. Lunch at Aurelio's.  
Contact Brian Bird at (773) 354-8056

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